

# Teams

a Christian movement for married couples

## Suggested Sources

### Bible Study

Collegeville Bible Commentaries, The Liturgical Press  
Bible Alive, 124 City Road, Stoke-on-Trent, ST4 2PH  
(Comments on the daily Mass readings and a monthly Bible Study)  
Catholic Bible School, Nutbourne House, Farm Lane, Nutbourne,  
Chichester PO18 8SD 01243 371 766

### Church Teachings

Catechism of the Catholic Church, Geoffrey Chapman  
(Especially part 4 – Christian Prayer)  
The Common Good, DLT  
Tertio Millenio Adveniente, CAFOD

### Teams Literature (contact the literature couple)

Being a Family Today in the Church and in the World  
Fatima Conference Talks (On teams' spirit and vision)  
Invited to the Marriage Feast at Cana  
Life in the Teams (post-piloting literature)  
Listening to the Word of God  
(Reading and praying the scripture) (Well worth reading)  
Love and Marriage  
The Best is Yet to Be (for teams around retirement age) – very good

### Marriage

Passionate and Compassionate Love, Jack Dominion DLT  
Promises to Keep – Developing the Skills of Marriage,  
K Fischer & T Hart – Paulist Press

### General

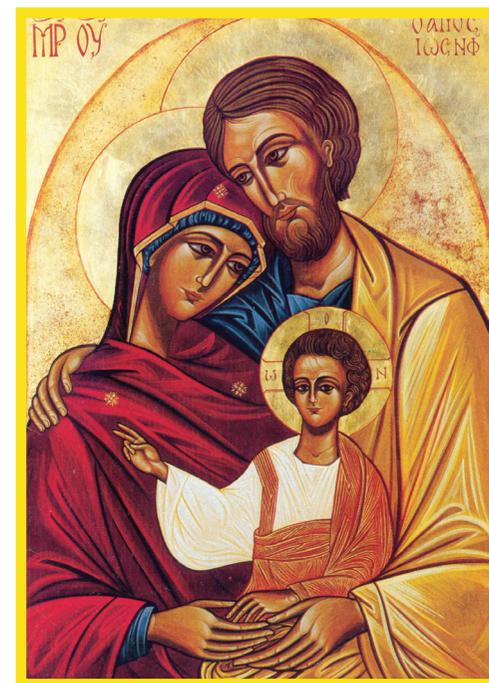
God of Surprises G Hughes, DLT (Used by several teams – much praised)  
Mans Search for Meaning, V Frankl, Pocket Books  
Reaching Out, Henri Nouwen, Fount  
Seeking God: The Benedictine Way, E de Waal, Fount  
Celebration of Discipline, R Foster, Hodder & Stoughton  
(Chapters on prayer, study, meditation)  
Sacraments Re-visited – What do they mean today? Liam Kelly, DLT  
This is my Body, Ian Petit OSB, DLT (Reflections on the Mass)  
The Tablet (weekly)  
Priest and People (monthly) Informed articles on topical issues

February 2011

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## The Study Topic



Equipes Notre-Dame  
Teams

Equipes Notre Dame, Teams, is an International Christian movement for married couples of all ages. Charity Reg. No: 1044902

Equipes Notre-Dame • Teams of Our Lady • Equipos de Nuestra Señora • Equipas de Nossa Senhora • Ehegruppen E.N.D

# Helping couples to deepen their faith and grow closer together

## **Introduction**

Every one of us has a need to nourish and deepen our Christian faith throughout our lives. The Study Topic seeks to fulfil this need by providing a framework for thought and reflection which can permeate our lives as individuals, couples and, finally as a team.

So the potential value is great, but few of us will find it easy and straightforward. This leaflet seeks to provide some pointers which will help us on the way.

## **Find A Topic**

Each team is different and special; so choose a topic which will suit your team and your stage in life. The important question to ask is “Will it grow and nourish our faith, as individuals, as a couple or as a team?”

It is always good to consider the Study Topics offered to Teams generally. Look out for new topics in the Regional Newsletter – sometimes they invite feedback which can be pooled and provide valuable information for all in Teams. Post-Piloting literature is a valuable source for new teams or for more established teams who need a refresher.

The Bible is at the heart of our faith so Bible study topics can be very fruitful. The list in this leaflet includes commentaries and other booklets.

Church documents such as Papal encyclicals, the Vatican Council documents and letters from our bishops can provide a real challenge to us in living our lives. The Grail editions of the Church documents are short, simple and designed for group discussions.

You may choose to devise your own topics which are particularly relevant to your team. The Catholic and Christian press can provide informed comment on a topical issue. One of you may read a book which could form the basis of a study topic. Or look through the list in this leaflet.

Some teams like to plan their year in advance. Be wary, though, of using a single source for many months in a row. Staleness can creep in. Also, do not close your minds to new and relevant topics which may crop up later. Whichever topic you choose, it helps to have 3 or 4 questions on which to focus the study and the discussion later.

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## **Read & Think As An Individual**

The more time and thought you put into the study topic, the more benefits you will receive both now and in your discussions; so do make time and take time throughout the month.

## **Discuss As A Couple**

Later share your thoughts with each other. Start with a prayer and remember that, with God’s help, you are seeking to nourish your faith.

It is a useful discipline to put your thoughts down on paper; the great benefit of this is that it means we do prepare for the study topic before the meeting, and avoid the temptation to give off-the-cuff responses at the meeting which may not be your considered answers.

## **At The Meeting**

The leading couple for the meeting, will introduce and steer the study topic. It is a good idea if each couple shares their comments or reflections on each question in turn while the others listen. When everyone has had a chance to share, some discussion may follow, with each person having the chance to contribute. The Team chaplain/spiritual counsellor can play an important role in this discussion., People may often hold different views on a given topic and this is fine. Often we can broaden our outlook and grow in understanding by learning to respect differing points of view.

The endeavour is to “study a topic” in order that we might come to know and love God more. We do not have to convert others to our point of view.

## **And Finally**

The Study Topic offers us both a challenge and a real opportunity to develop our faith, so if you have any good tips or sources, tell other teams. Pass on your ideas via the Newsletter Editors or your Regional Couple.