



Equipes Notre-Dame
Teams

Team Meeting 3



In Advance of Meeting 3

Hopefully you will have had chance to try to put into practice the three endeavours that were introduced in the first two meetings. These are

- Personal Prayer
- Prayer as a couple and as a family, where appropriate
- Word of God

As a preparation for Meeting 3, consider whether or not you make time to talk to your wife/husband. Also how good are you at listening to them?

Team Meeting 3



Prayer

For the sequence of prayer please refer to the Team Meeting Card.

Scripture Text Ephesians 4 (verses 25-27, and 32) and 5 (verses 1-3)
Speak the truth to one another since we are all parts of one another. Even if you are angry do not sin: never let the sun set on your anger or else you will give the devil a foothold. No foul word should ever cross your lips; let words be for the improvement of others, as occasion offers, and do good to your listeners. Be generous to one another, sympathetic, forgiving each other as readily as God forgave you in Christ. As God's dear children, then take him as your pattern, by loving as he loved you, giving himself up for us as an offering and a sweet smelling sacrifice to God.

Psalm Psalm 23

R. The Lord is my Shepherd; there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

Concluding Prayer

God our Father, you have shown us what true love is. Help us to share that love with others. Help us to remember Paul's words that "Love is the one thing that cannot hurt our neighbours", and practise this in our daily lives

Amen.

Team Meeting 3



Endeavours

Having already learnt about three of the endeavours, there will now be time to reflect and share on how we are getting on with them. By doing so, we encourage each other in our spiritual growth and development. In addition another endeavour, the "Sit Down", will be introduced in this meeting.

Study Topic

Openness in Marriage

"Be subject to one another out of reverence for Christ." Ephesians 2 (verses 2-21)

- How attentive are you to other people, including your wife/husband? Do you really listen?
- Do we make time to really talk to each other in our lives?
- What does the development of our relationship with our wife/husband, tell us about our relationship with God?

During the Next Month

Spend some time working at the four endeavours that have been introduced so far. Remember that you may not always succeed at implementing them, but hopefully with the ongoing support of your Team, you will grow in some aspects of your life.

Before the Next Meeting

Spend a little time reflecting on an area in your life that could benefit from an effort at improvement. It does not necessarily need to be restricted to spiritual matters, but could be something in your everyday life.